

2010 Lenten Biblical Calendar and Food for Thought

Ash Wednesday: February 17 (Dave Bourquin)

Joel 2: 1-2, 12-17 or Is 58: 1-12; Ps 51: 1-17;
2 Cor 5:20b-6:10; Mt 6:1-6,16-21

W. Sackcloth is for lamenting, not a gift to the poor

T. Knowing God's way means doing righteousness

F. Receiving/giving forgiveness: inconceivable blessing

S. Secret giving and the joy of it: God's reward

Week of Feb 21st (Beryl Poulton)

Deut 26:1-11; Ps 91:1-2, 9-16; Rom 10:8b-13; Lk 4:1-1

S. Encourage the life of one other person today

M. Smile and have a grateful attitude

T. Learn how to live rather than making a living

W. Work to release the gifts of others

T. Be a blessing to someone who cannot repay

F. Do more listening than talking

S. Write congress—makes a difference for others

Week of Feb. 28th (Roberta Boucher)

Ge 15:1-12, 17-18; Ps 27; Phil 3:17-4:1; Lk 13:31-35

S. Learn to trust without fear; find God's safe haven

M. We need to work together to make a covenant with God

T. Don't give up reaching goals; others will follow our lead

W. Be careful of self-indulgence

T. Learn from another: walk in some else's shoes

F. Take a minute to be grateful for what you have received

S. Make a feast—welcome someone into your home

Week of March 7th (Joe Buckmaster)

Is 55:1-9; Ps 63:1-8; 1 Cor 10:1-13; Lk 13:1-9

S. Whoever is thirsty and hungry, come unto...us

M. Your soul satisfied, your hands upheld by God

T. Allow God to feed your spirit

W. Yield good fruit through good works

T. Channel your anger into advocacy for the poor

F. Love your neighbor: share meal with difficult person

S. Give humbly without anyone noticing

Week of Mar. 14th (Charlie Vachris)

Josh 5:9 12; Ps 32; 2 Cor 5:16-21; Lk 15:1-3, 11b-32

S. Gather up clothing for the poor

M. Bring life to someone who is ill

T. How are you living "water" to another?

W. Prepare favorite dish; share with a lonely person

T. Substitute gratitude for compassion

F. Console someone who is grieving

S. See Christ in an unlikely place or person

Week of Mar. 21st (Jazmin McNeal)

Is 43:16-21; Ps 126; Phil 3:4b-14; Jn 12:1-8

S. Remember who you are, where you came from

M. There is always hope

T. Keep your eye on your dreams

W. Be grateful for the love of your family

T. Hear the cry of the poor and respond

F. Bless God by honoring another

S. Be faithful to your promises as God is to you

Week of Mar. 28th (Ernie Bringas)

Is 50:4-9; Ps 31:9-16; Phil 2:5-11; Lk 22:14-23:56

S. Without God, the spirit cannot rise to excellence

M. The ultimate journey with God is one of trust

T. Salvation is a gift, but don't overlook the string

W. Google "The Rose" - lyrics by Bette Midler

Holy (Maundy) Thursday (Judy Long)

Jn 13:1-17: Live as if you will die tomorrow

Good Friday (Judy Long)

Jn 18:1-19:42: Turn fear into courage

Saturday Easter Vigil (Judy Long)

Lk 24:1-12: Rouse the weary with words of love

Easter Begins: April 4th (Judy Long)

Acts 10:34-43: Dream of justice for all people

Copy with flip side ("I was hungry...") on 8.5 x 11" paper. With Calendar facing out, wrap and tape around a 16 to 20 oz. can for collecting **2 Cents-a-Meal**. Keep visible and handy on dining table throughout Lenten season.

"I was hungry..."



"As you did to the least of these...you did to me"

What?

"I was hungry" is a calendar-can wrapper of scriptures and "food for thoughts" during Lent for daily reflection, family devotions, congregational gatherings, etc. on the theme of overcoming hunger.

Why?

Most of us rarely spend a day with nothing to eat. Yet hunger is an everyday fact of life for millions of people everywhere. Lack of food and malnutrition is increasingly a problem for many of our neighbors—nearby and far away.

How?

Lenten devotions remind us of those in need and encourage us to become involved in changing public policies tolerating hunger. They call for spiritual discipline including collecting at least 2 pennies each day for hunger-related ministries in our local churches and beyond (*).

Where & When?

Placed on our dining table during mealtimes, these readings and quotes supplement prayers of thanksgiving, stimulate discussion of opportunities for reducing poverty, and encourage action. Scriptures (Revised Common Lectionary, Year C) may be read together along with "food for thought," as more succinct summaries, to carry with us and apply to our lives throughout each day of Lent.

Who?

"I was hungry" is produced by the Hunger Network in Ohio, a faith-based, not-for-profit organization dedicated to end hunger in Ohio through addressing its root causes and changing conditions leading to poverty. Led by Judy Long, eight writers (names beside each reference) represent affiliations with United Methodist, Lutheran, Presbyterian, United Church of Christ, and Roman Catholic Churches.

For assistance or more information

Hunger Network in Ohio

**82 East 16th Avenue
Columbus, Ohio 43201**

614-424-6203

www.HungerNetOhio.org

info@HungerNetOhio.org

* **2 Cents-a-Meal** (AKA "Prayers, Pennies, and Persuasion,") is a spiritual discipline recommended by the Hunger Network in Ohio within partner congregations. Church members collect pennies during family and congregational meals. Once accumulated (every month or so), collections are divided in half between direct service, such as congregational food pantries, and preventive hunger ministries, such as the Hunger Network in Ohio.